

Support in crisis situations We are here for you

Life events such as the escalation of political conflicts, losses, strokes of fate and threatening situations turn our lives upside down and confront us with changes, challenges and trigger fears in us. Possible topics and questions could be:



TALINGO EAP supports you

In EAP counselling, we look at the personal situation of each individual and their family. What can help to support them, what is a burden? What (professional) support is required?

Easy and immediate

This service is available to you free of charge. Call and be forwarded to a suitable counsellor - anonymously and in different languages if you wish.

In all situations

Of course, we provide counselling not only on issues related to psychological stress in a crisis situation. We also support you in finding the right contact at the authorities, research agencies for you, or help you find the appropriate contact points. In addition, we offer initial counselling for legal questions (in German and English) also on the topic of German asylum law.

If you have questions about your individual situation or would like advice, simply call us - absolutely confidentially:

Tel. +49 (0) 451 – 79 78 77

(Mon.-Sat. 7:00 a.m. – 10:00 p.m., or any time of day in an emergency)

Alternatively, send us an e-mail with a callback request:

beratung@talingo-eap.de